



+ **Albert Bahn**  
NATIONAL TRAINING SPECIALIST  
ALICE TRAINING INSTITUTE

At **Church Mutual**, we take great pride in protecting the greater good. In today's changing landscape, unfortunate events can happen. That's why we partner with **ALICE Training Institute**, the number-one active shooter civilian response training organization in the nation.

# HANDLING AN INTRUDER

ALICE Training Institute provides life-saving mental and physical tools for those who may experience a violent, life-threatening situation. The program is specifically designed so that anybody can employ the strategies: male or female, young or old. **ALICE is an acronym for:**

**Alert** and notify authorities and those in harm's way of the danger at hand. It is important to be as clear and accurate with the information as possible. Remember to identify yourself, your location, the suspect information, type of weapon, direction of travel and a call back number. Don't hang up unless your safety is compromised or you are directed to by the dispatcher.

**Lockdown** or shelter in place. By locking down and barricading entry points, you are making yourself a hard target and creating a stronghold that nobody should be able to enter. Only police personnel may enter a locked-down room.

**Inform** with real-time updates. This can be accomplished with things such as video surveillance equipment or public address systems. Updates during a violent intruder incident allow you to make sound decisions about how to react and what steps, if any, to take next. They can also distract the intruder.

**Counter** the attacker only as a last resort. There have been instances where victims did not have the ability to lockdown or get out because the violent incident occurred right next to them or they were in an area that was not securable. There is also the possibility of the intruder breaching a secured area. If this is the situation, then total commitment to countering the attacker is essential. Use assorted objects as distraction devices, spread out, turn out the lights and be ready to cause confusion for the intruder and make yourself a hard target.

**Evacuate** or get out!! Your goal here is to put as much time and distance as possible between you and the attacker. Don't use the same rally point you use for a fire or earthquake drill. You want to move much further away from this danger zone. Remember, there are no guarantees in an active shooter/violent intruder situation, but the more you prepare, the better your chances of survival.

PROTECTING  
THE GREATER  
GOOD.



**ALICE**